

ICAN QURAN CIRCLE

SURAH MOMINOON, AYAHS 1-11

Agenda

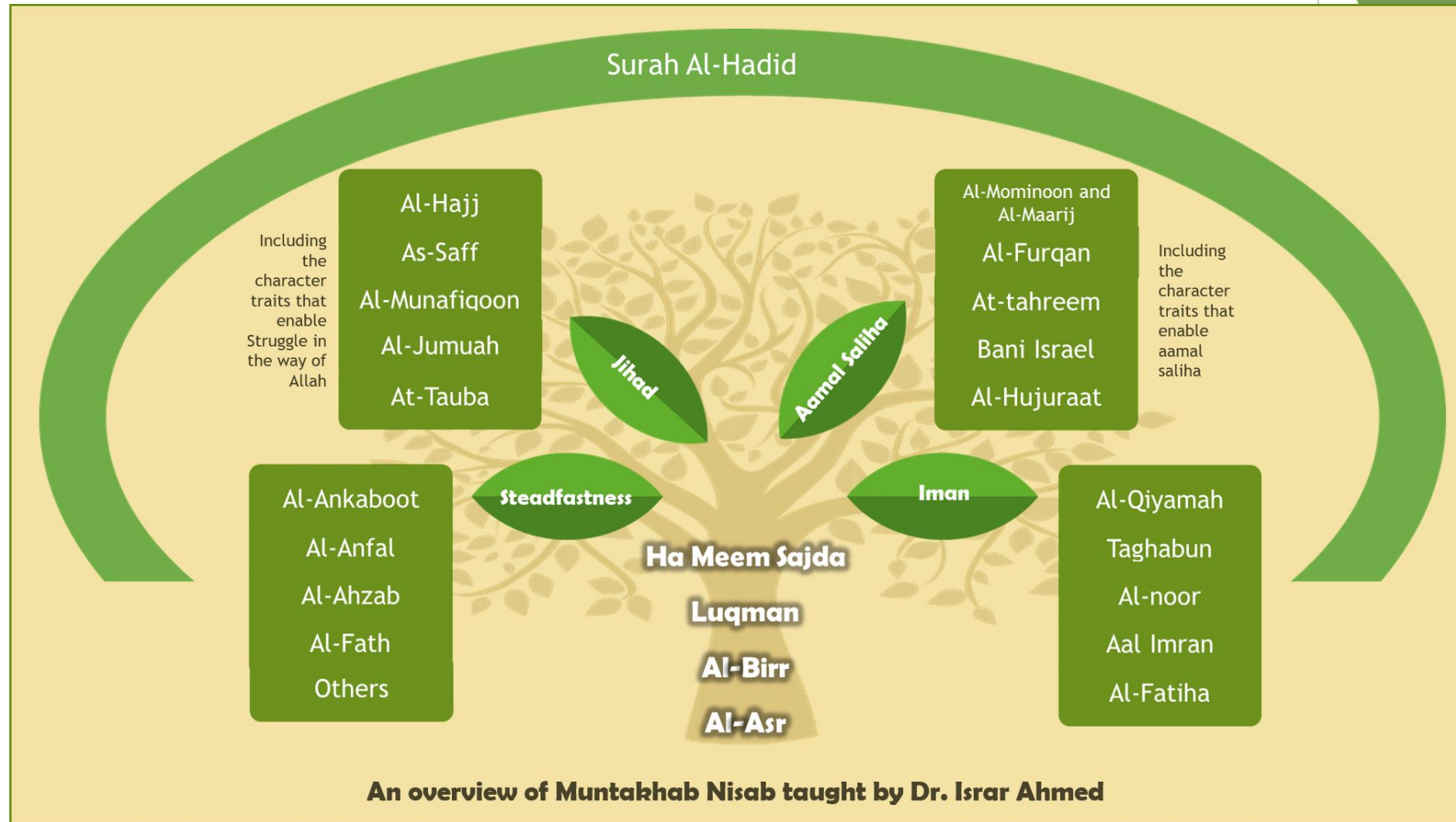
- ▶ Recitation and introduction to the topic
- ▶ Concept of Falah
- ▶ Six Essential qualities of believers
- ▶ Group activity - how can we implement the learnings in our personal life

What is Quran circle?

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the frame, creating a modern, layered effect. The rest of the background is a solid, very light green.

Why do we do that?

Context of today's lecture



What's the difference between these?



Development of a Muslim's personality

- ▶ Individual qualities - bare minimum
- ▶ Individual qualities - expanded
- ▶ Family life
- ▶ Communal life
- ▶ Life as Ummah



Surah Mominoon verses 1-11

(Sheikh Ibrahim Al-Jibreen)



Surah Mominoon verses 1-11

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَدْ أَفْلَحَ الْمُؤْمِنُونَ ﴿١﴾ الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ ﴿٢﴾
وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ ﴿٣﴾ وَالَّذِينَ هُمْ لِلزَّكَاةِ فَاعِلُونَ ﴿٤﴾
وَالَّذِينَ هُمْ لِفُرُوجِهِمْ حَافِظُونَ ﴿٥﴾ إِلَّا عَلَىٰ أَزْوَاجِهِمْ أَوْ
مَا مَلَكَتْ أَيْمَانُهُمْ فَإِنَّهُمْ غَيْرُ مَلُومِينَ ﴿٦﴾ فَمَنِ ابْتَغَىٰ وَرَاءَ ذَلِكَ
فَأُولَٰئِكَ هُمُ الْعَادُونَ ﴿٧﴾ وَالَّذِينَ هُمْ لِأَمْتِنَتِهِمْ وَعَهْدِهِمْ رَاعُونَ ﴿٨﴾
وَالَّذِينَ هُمْ عَلَىٰ صَلَوَاتِهِمْ يُحَافِظُونَ ﴿٩﴾ أُولَٰئِكَ هُمُ الْوَارِثُونَ ﴿١٠﴾
الَّذِينَ يَرِثُونَ الْفِرْدَوْسَ هُمْ فِيهَا خَالِدُونَ ﴿١١﴾

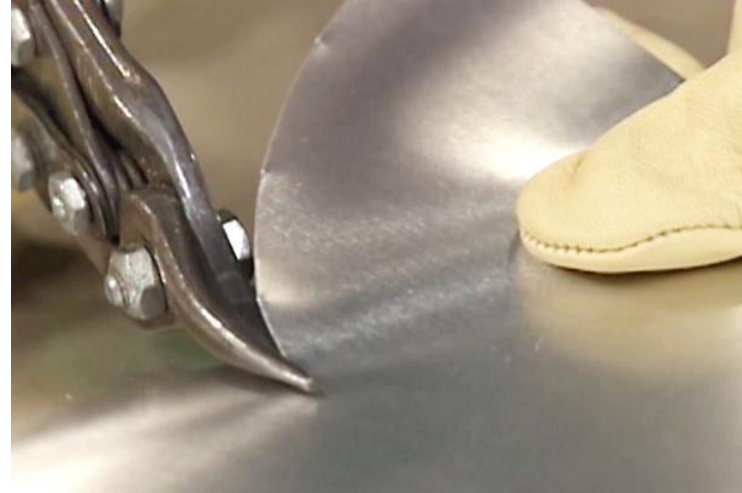
1. Successful indeed are the believers
2. Who are humble in their prayers,
3. Who avoid vain talk
4. And who are intent on inner purity / Who are active in deeds of charity
5. And who guard their modesty
6. Except with their spouses or those who are legally in their possession, for in that case they shall not be blamed
7. However those who seek to go beyond that are the ones who shall be the transgressors
8. And who are faithful to their trusts and to their pledges
9. And who are diligent about their Salah
10. These are the heirs
11. Who will inherit paradise; and live therein forever.

قَدْ أَفْلَحَ الْمُؤْمِنُونَ

- What is 'Falah'
- "To cut through something to get done what a person wants to do"



فَلَاحٌ



إِنَّ الْحَدِيدَ بِالْحَدِيدِ يُفْلَحُ

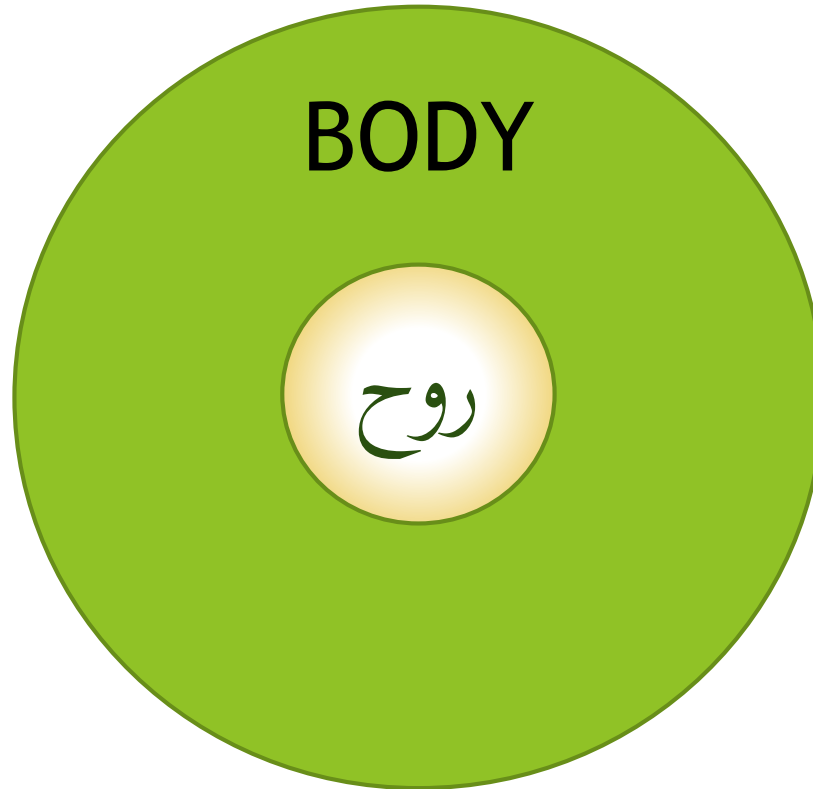
Whose success do we run after?

BODY

Origin:
Worldly matters

Needs:
Worldly things
Food, Bodily pleasures,
rest

Will go back to:
Worldly matters



ROOH

Origin:
قُلِ الرُّوحُ مِنْ أَمْرِ رَبِّي

Needs:
What comes from Rabb
(Divine guidance)

Will go back to:
The Creator

We have forgotten our soul!

وَلَا تَكُونُوا كَالَّذِينَ نَسُوا اللَّهَ فَأَنْسَاهُمْ أَنْفُسَهُمْ ۖ أُولَٰئِكَ هُمُ الْفَاسِقُونَ

Be not like those who forgot Allah, as a result Allah caused them to forget themselves, it is they who are the transgressors.

(Al-Hashr, 19)

الَّذِينَ هُمْ فِي صَلَاتِهِمْ خَاشِعُونَ

In the Six qualities of believers mentioned here, prayer is first as well as the sixth!

Foundation stone of a Muslim's being.

إِنَّ بَيْنَ الرَّجُلِ وَبَيْنَ الشِّرْكِ وَالْكُفْرِ تَرَكَ الصَّلَاةَ

(Ṣaḥīḥ Muslim 82)

What is Khushoo?

The word basically means to bend down. But it has 3 main connotations in Quran:

1. Bending down with our body

وَجُوهٌ يَوْمَئِذٍ خَاشِعَةٌ (On that day, some faces will be downcast - Al-Ghashia:2)

2. Bending down of our heart

أَلَمْ يَأْنِ لِلَّذِينَ آمَنُوا أَنْ تَخْشَعَ قُلُوبُهُمْ لِذِكْرِ اللَّهِ وَمَا نَزَلَ مِنَ الْحَقِّ

(Has not the time arrived for the Believers that their hearts in all humility should engage in the remembrance of Allah and of the truth which has been revealed [to them]) - Al-Hadeed:16)

3. Bending down with the whole self (body as well as heart)

وَإِنَّ مِنْ أَهْلِ الْكِتَابِ لَمَنْ يُؤْمِنُ بِاللَّهِ وَمَا أُنْزِلَ إِلَيْكُمْ وَمَا أُنْزِلَ إِلَيْهِمْ خَاشِعِينَ لِلَّهِ لَا يَشْتَرُونَ

بِآيَاتِ اللَّهِ ثَمَنًا قَلِيلًا ۖ أُولَٰئِكَ هُمْ أَجْرُهُمْ عِنْدَ رَبِّهِمْ ۖ إِنَّ اللَّهَ سَرِيعُ الْحِسَابِ (Aal Imran:199)

What is Khushoo?

Based on these 3 meanings, this is what the khushoo in Salah means:

1. Bending down with our body

Performing the wudhu and salah in the best of manner صَلُّوا كَمَا رَأَيْتُمُونِي أُصَلِّي.

2. Bending down of our heart

Khushoo' in prayer happens when a person empties his heart for it (prayer), and focuses on it to the exclusion of all else, and prefers it to everything else. Only then does he find comfort and joy in it, as the Prophet (peace and blessings of Allaah be upon him) said: '... and my joy has been made in salaah.'” (Tafseer Ibn Katheer, 5/456)

Offer each prayer as if it is your last prayer. Understand what you are reciting in prayer.

3. Bending down with the whole self (body as well as heart)

Live your whole life as a Muslim!

وَالَّذِينَ هُمْ عَنِ اللَّغْوِ مُعْرِضُونَ

Laghw means useless things - timekilling

As Muslims, do we have time to kill?

وَالَّذِينَ هُمْ لِلزَّكَاةِ فَاعِلُونَ



Methods of Tazkiyyah

- ▶ Self-Assessment and accountability (Muhasibah)
- ▶ Seeking help from others when required (good company and suhbah of shuyukh)
- ▶ Plant new good habits
- ▶ Enhance existing good habits towards Ihsan
- ▶ Uproot the bad habits
- ▶ Protect your soul and character from what can damage it
- ▶ Ensure the conditions are conducive to growth of good habits (ahwal)
- ▶ Additional interventions (such as itikaaf) should be sought to foster growth

One of the essential nutrients

- Giving in the way of Allah swt

خُذْ مِنْ أَمْوَالِهِمْ صَدَقَةً تُطَهِّرُهُمْ وَتُزَكِّيهِمْ بِهَا

Take sadaqat from their wealth, so that they may thereby be cleansed and purified

وَالَّذِينَ هُمْ لِأُزْوَاجِهِمْ حَافِظُونَ

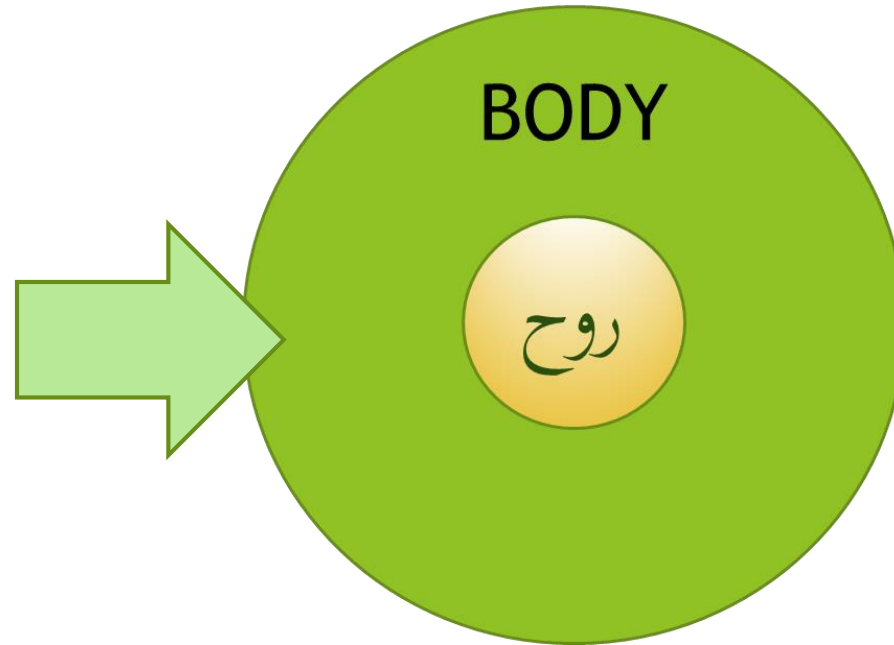
إِلَّا عَلَىٰ أَزْوَاجِهِمْ أَوْ مَا مَلَكَتْ أَيْمَانُهُمْ فَإِنَّهُمْ غَيْرُ مَلُومِينَ

فَمَنْ ابْتَغَىٰ وَرَاءَ ذَلِكَ فَأُولَٰئِكَ هُمُ الْعَادُونَ

Loves
wealth

Loves bodily
pleasures

Loves short-
term things



وَلَا تَقْرَبُوا الزَّيْنَاهُ إِنَّهُ كَانَ فَاحِشَةً وَسَاءَ سَبِيلًا

And **come not near** unto adultery. Lo! it is a shameful deed and an evil way.
(Quran 17:32)

► What is Zina?

Seeking pleasure from other than one's wives

► How can we not go near adultery?

By a number of ways:

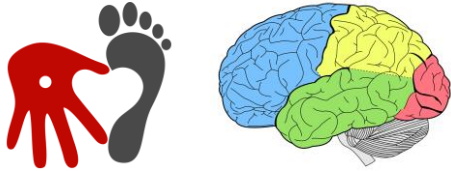
- Marrying when the legal age comes and a suitable match is available
- Fasting
- Lowering the gaze

وَالَّذِينَ هُمْ لِأَمَانَاتِهِمْ وَعَهْدِهِمْ رَاعُونَ

لَا إِيمَانَ لِمَنْ لَا أَمَانَةً لَهُ وَلَا دِينَ لِمَنْ لَا عَهْدَ لَهُ ①

THREE IMPORTANT AMANAHS AND AHDS:

1



2

MPL

3



وَلَا تَكْتُمُوا الشَّهَادَةَ ۚ وَمَنْ يَكْتُمْهَا فَإِنَّهُ آثِمٌ قَلْبُهُ

Do not conceal testimony, and whoever conceals it, his heart is surely sinful.
(Quran 2:283)

وَكَذَلِكَ جَعَلْنَاكُمْ أُمَّةً وَسَطًا لِتَكُونُوا شُهَدَاءَ عَلَى النَّاسِ
وَيَكُونَ الرَّسُولُ عَلَيْكُمْ شَهِيدًا

We have made you a moderate Ummah (nation) so that you may testify against mankind and that your own Rasool may testify against you.
(Quran 9:111)

إِنَّ اللَّهَ اشْتَرَى مِنَ الْمُؤْمِنِينَ أَنْفُسَهُمْ وَأَمْوَالَهُمْ بِأَنْ لَهُمُ الْجَنَّةَ

Indeed Allah has purchased from the believers their persons and their wealth and in return has promised them paradise
(Quran 9:111)

وَالَّذِينَ هُمْ عَلَى صَلَوَاتِهِمْ يُحَافِظُونَ

And who guard their prayers.

What do guards do?

How often do we have to do all this?

- ▶ مُعْرِضُونَ, فَاعِلُونَ, حَافِظُونَ, الْعَادُونَ, رَاعُونَ, يُحَافِظُونَ
- ▶ This word structure gives a sense of continuity.

أُولَئِكَ هُمُ الْوَارِثُونَ

الَّذِينَ يَرِثُونَ الْفِرْدَوْسَ هُمْ فِيهَا خَالِدُونَ

GROUP ACTIVITY

► GROUP 1:

Task:

a) Your action plan for developing Khushu in Salah

a) Your action plan for guarding your salah

► GROUP 2:

Task:

Your action plan and suggestions regarding how to avoid laghw and utilize our time better

► GROUP 3:

Task:

a) Your action plan and suggestions regarding how to develop tazkiyyah

► GROUP 4:

Task:

How can we promote modesty among ourselves, our children and the broader society in Australia

► GROUP 5:

Task:

Your plan for Shahdah Ala An-Naas